

LEN European Junior Swimming Championships 2022
Programme Order of Events

Day	Date	Session	Start Time	End Time			Event
1	Tuesday 5 July	Morning	10:00		Heats	Women	200 Freestyle
					Heats	Men	200 Freestyle
					Heats	Women	400 Ind Medley
					Heats	Women	50 Backstroke
					Heats	Men	50 Backstroke
					Heats	Women	50 Breaststroke
					Heats	Men	50 Breaststroke
					Heats	Men	200 Butterfly
					Heats	Women	4 x 100 Freestyle
					Heats	Men	4 x 100 Freestyle
					Heats	Women	1500 Freestyle
		Evening	17:00	17:09	Final	Women	400 Ind Medley
			17:09	17:19	Semi	Women	200 Freestyle
			17:19	17:29	Semi	Men	200 Freestyle
			17:29	17:36	Semi	Women	50 Backstroke
			17:36	17:43	Semi	Men	50 Backstroke
			17:43	17:50	MC	Women	400 Ind Medley
			17:50	17:57	Semi	Women	50 Breaststroke
			17:57	18:04	Semi	Men	50 Breaststroke
			18:04	18:14	Semi	Men	200 Butterfly
			18:14	18:22	Final	Women	4 x 100 Freestyle
			18:22	18:30	Final	Men	4 x 100 Freestyle
			18:30	18:39	MC	Women	4 x 100 Freestyle
			18:39	18:48	MC	Men	4 x 100 Freestyle

Day	Date	Session					Event
			Start Time	End Time			
2	Wednesday 6 July	Morning	10:00		Heats	Women	100 Butterfly
					Heats	Men	200 Ind Medley
					Heats	Women	50 Freestyle
					Heats	Mixed	4 x 100 Freestyle
					Heats	Men	1500 Freestyle
		Evening	17:00	17:07	Final	Women	200 Freestyle
			17:07	17:14	Final	Men	200 Freestyle
			17:14	17:19	Final	Women	50 Backstroke
			17:19	17:24	Final	Men	50 Backstroke
			17:24	17:31	MC	Women	200 Freestyle
			17:31	17:38	MC	Men	200 Freestyle
			17:38	17:47	Semi	Women	100 Butterfly
			17:47	17:57	Semi	Men	200 Ind Medley
			17:57	18:04	MC	Women	50 Backstroke
			18:04	18:11	MC	Men	50 Backstroke
			18:11	18:16	Final	Women	50 Breaststroke
			18:16	18:21	Final	Men	50 Breaststroke
			18:21	18:28	Semi	Women	50 Freestyle
			18:28	18:35	MC	Women	50 Breaststroke
			18:35	18:42	MC	Men	50 Breaststroke
			18:42	18:49	Final	Men	200 Butterfly
			18:49	19:09	Final	Women	1500 Freestyle
			19:09	19:17	Final	Mixed	4 x 100 Freestyle
			19:17	19:24	MC	Women	1500 Freestyle
			19:24	19:31	MC	Men	200 Butterfly
			19:31	19:40	MC	Mixed	4 x 100 Freestyle

Day	Date	Session					Event
			Start Time	End Time			
3	Thursday 7 July	Morning	10:00		Heats	Women	200 Backstroke
					Heats	Men	100 Butterfly
					Heats	Men	200 Backstroke
					Heats	Women	200 Breaststroke
					Heats	Men	50 Freestyle
					Heats	Men	200 Breaststroke
					Heats	Women	4 x 200 Freestyle
		Evening	17:00	17:10	Semi	Women	200 Backstroke
			17:10	17:17	Final	Men	200 Ind Medley
			17:17	17:22	Final	Women	50 Freestyle
			17:22	17:29	Semi	Men	50 Freestyle
			17:29	17:39	Semi	Women	200 Breaststroke
			17:39	17:46	MC	Men	200 Ind Medley
			17:46	17:53	MC	Women	50 Freestyle
			17:53	18:03	Semi	Men	200 Breaststroke
			18:03	18:13	Semi	Men	200 Backstroke
			18:13	18:19	Final	Women	100 Butterfly
			18:19	18:28	Semi	Men	100 Butterfly
			18:28	18:48	Final	Men	1500 Freestyle
			18:48	18:55	MC	Women	100 Butterfly
			18:55	19:08	Final	Women	4 x 200 Freestyle
			19:08	19:15	MC	Men	1500 Freestyle
			19:15	19:24	MC	Women	4 x 200 Freestyle

Day	Date	Session					Event
			Start Time	End Time			
4	Friday 8 July	Morning	10:00		Heats	Women	100 Freestyle
					Heats	Men	400 Ind Medley
					Heats	Women	200 Butterfly
					Heats	Mixed	4 x 100 Medley
					Heats	Women	800 Freestyle
					Heats	Men	800 Freestyle
		Evening	17:00	17:06	Final	Men	100 Butterfly
			17:06	17:15	Semi	Women	100 Freestyle
			17:15	17:22	Final	Men	200 Breaststroke
			17:22	17:32	Semi	Women	200 Butterfly
			17:32	17:37	Final	Men	50 Freestyle
			17:37	17:44	MC	Men	200 Breaststroke
			17:44	17:51	MC	Men	100 Butterfly
			17:51	17:58	Final	Women	200 Breaststroke
			17:58	18:05	Final	Men	200 Backstroke
			18:05	18:12	Final	Women	200 Backstroke
			18:12	18:19	MC	Men	50 Freestyle
			18:19	18:26	MC	Women	200 Breaststroke
			18:26	18:35	Final	Men	400 Ind Medley
			18:35	18:42	MC	Men	200 Backstroke
			18:42	18:49	MC	Women	200 Backstroke
			18:49	18:58	Final	Mixed	4 x 100 Medley
			18:58	19:05	MC	Men	400 Ind Medley
			19:05	19:14	MC	Mixed	4 x 100 Medley

Day	Date	Session					Event
			Start Time	End Time			
5	Saturday 9 July	Morning	10:00		Heats	Men	100 Freestyle
					Heats	Women	100 Backstroke
					Heats	Men	100 Breaststroke
					Heats	Women	100 Breaststroke
					Heats	Men	100 Backstroke
					Heats	Women	50 Butterfly
					Heats	Men	50 Butterfly
					Heats	Women	200 Ind Medley
					Heats	Men	4 x 200 Freestyle
		Evening	17:00	17:07	Final	Women	200 Butterfly
			17:07	17:16	Semi	Men	100 Freestyle
			17:16	17:22	Final	Women	100 Freestyle
			17:22	17:31	Semi	Men	100 Backstroke
			17:31	17:40	Semi	Women	100 Breaststroke
			17:40	17:49	Semi	Men	100 Breaststroke
			17:49	17:56	Semi	Women	50 Butterfly
			17:56	18:03	Semi	Men	50 Butterfly
			18:03	18:13	Semi	Women	200 Ind Medley
			18:13	18:20	MC	Women	200 Butterfly
			18:20	18:27	MC	Women	100 Freestyle
			18:27	18:36	Semi	Women	100 Backstroke
			18:36	18:49	Final	Men	800 Freestyle
			18:49	19:02	Final	Women	800 Freestyle
			19:02	19:15	Final	Men	4 x 200 Freestyle
			19:15	19:22	MC	Men	800 Freestyle
			19:22	19:29	MC	Women	800 Freestyle
			19:29	19:38	MC	Men	4 x 200 Freestyle

Day	Date	Session					Event
			Start Time	End Time			
6	Sunday 10 July	Morning	10:00		Heats	Women	400 Freestyle
					Heats	Men	400 Freestyle
					Heats	Women	4 x 100 Medley
					Heats	Men	4 x 100 Medley
		Evening	17:00	17:07	Final	Women	200 Ind Medley
			17:07	17:13	Final	Women	100 Backstroke
			17:13	17:19	Final	Men	100 Backstroke
			17:19	17:25	Final	Women	100 Breaststroke
			17:25	17:32	MC	Women	200 Ind Medley
			17:32	17:39	MC	Women	100 Backstroke
			17:39	17:45	Final	Men	100 Freestyle
			17:45	17:51	Final	Men	100 Breaststroke
			17:51	17:58	MC	Men	100 Backstroke
			17:58	18:05	MC	Women	100 Breaststroke
			18:05	18:10	Final	Women	50 Butterfly
			18:10	18:15	Final	Men	50 Butterfly
			18:15	18:22	MC	Men	100 Freestyle
			18:22	18:29	MC	Men	100 Breaststroke
			18:29	18:38	Final	Women	400 Freestyle
			18:38	18:47	Final	Men	400 Freestyle
			18:47	18:56	Final	Women	4 x 100 Medley
			18:56	19:05	Final	Men	4 x 100 Medley
			19:05	19:12	MC	Women	400 Freestyle
			19:12	19:19	MC	Men	400 Freestyle
			19:19	19:28	MC	Women	4 x 100 Medley
			19:28	19:37	MC	Men	4 x 100 Medley